

# Discover

RESORT ACTIVITIES



# WEEKLY *activities*

## MONDAY

- 8:00am-7:00pm Joya Spa Happy Hour
- 9:00-10:15am Restorative Yoga
- 9:00am-7:00pm Sundae Monday at Kids Club
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café
- 5:00-7:00pm Happy Hour at Mbar
- 6:00-7:15pm Flow Yoga
- 9:00-11:00pm Reverse Happy Hour at Mbar

## TUESDAY

- 7:00-8:15am Sunrise Yoga & Meditation
- 9:00am-7:00pm Treat Yourself Tuesday at Kids Club
- 9:00-10:15am Flow Yoga
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café
- 5:00-7:00pm Happy Hour at Mbar
- 6:00-7:15pm Vinyasa Yoga
- 9:00-11:00pm Reverse Happy Hour at Mbar

## WEDNESDAY

- 7:30-8:30am Muscle Conditioning
- 9:00am-7:00pm Wild West Wednesday at Kids Club
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café
- 5:00-7:00pm Happy Hour at Mbar
- 6:00-7:15pm Vinyasa Yoga
- 9:00-11:00pm Reverse Happy Hour at Mbar

## THURSDAY

- 7:00-8:15am Sunrise Yoga & Meditation
- 9:00am-7:00pm Treasure Hunt Thursday at Kids Club
- 9:00-10:15am Flow Yoga
- 11:00am-4:00pm Montelucia's Resort-Wide Scavenger Hunt
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café
- 2:30-3:30pm Tapas & Activities Mixer
- 5:00-7:00pm Happy Hour at Mbar

## THURSDAY (continued)

- 6:00-7:00pm ZUMBA
- 9:00-11:00pm Reverse Happy Hour at Mbar

## FRIDAY

- 7:30-8:30am Muscle Conditioning
- 9:00-10:00am Fiesta Friday at Kids Club
- 10:00-11:15am Restorative Yoga
- 1:00-2:00pm Barista Basics at Crave Café
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café
- 3:00-4:00pm Cocktail Mixology at Mbar
- 3:00-8:00pm Joya Salon Blow Out Bar
- 5:00-7:00pm Happy Hour at Mbar
- 6:00-7:15pm Flow Yoga
- 9:00-11:00pm Reverse Happy Hour at Mbar

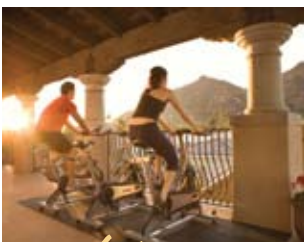
## SATURDAY

- 7:00-11:00am Breakfast Buffet at Prado
- 7:00-8:00am Ab Lab
- 9:00-10:15am Basic Yoga
- 9:00am-10:00pm Super Fun Recess Saturday at Kids Club
- 10:30-11:30am Spin & Core
- 12:00-1:15pm Flow Yoga
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 3:00-8:00pm Joya Salon Blow Out Bar
- 6:00-7:00pm Gelato Social at Crave Café

## SUNDAY

- 7:00-11:00am Breakfast Buffet at Prado
- 8:00-9:15am Gentle Yoga
- 9:00am-7:00pm Sports Sunday at Kids Club
- 9:30-10:45am Flow Yoga
- 11:00am-12:15pm Vinyasa Yoga
- 12:00-7:00pm Sangria Sundays at Crave Café
- 1:00-3:00pm Midday Movie Theater at Kids Club
- 2:00-4:00pm Gelato Happy Hour at Crave Café

\*To sign up for any resort activities, please visit our Concierge or phone extension 3200 (480.627.3200). Some activities do require advance sign up, please see activity descriptions. All activities and classes are subject to change and some are subject to maximum attendance. Space is reserved on a first come first served basis.



*fitness*



*fun*



*food*

# MONTHLY / SEASONAL *activities*

## CRAVE CAFÉ

**Yappy Hour** (4:00pm)  
May 26  
September 29

## PRADO

**Cooking Classes with  
Chef Peter DeRuvo**  
(12:00 – 1:45pm)  
May 28  
June 11

## ROQ

**Stargazing with Richard Allen**  
(8:30pm)  
May 28  
June 18  
July 2  
August 13  
September 3

## CORTIJO PLAZA

**Sunset Cinema** (7:30pm)  
May 29  
June 26

## CORTIJO PLAZA

**Montelucia Summer Concert Series  
Live in the Plaza**  
Presented by Smart Water  
(6:30 –9:30pm)  
May 20  
May 27  
June 3  
June 10  
June 17  
June 24  
July 1  
July 8

## OFF PROPERTY

**“Reflections of a Woman”** – Presented at Molina Fine Jewelers

A fun, interactive presentation where you will learn the proper colors of gemstones and precious metals as well as shapes of jewelry to best accentuate your beauty and style. Round, square, drop or stud earrings... the shape of your face determines what earring will complement you or work against you. Enjoy a 30-minute presentation that will change the way you choose jewelry. To sign up please visit our Concierge or phone extension 3200. Reservations must be received no later than 8:00pm on the previous day. Complimentary.

**“Discover the Wild West”** at Canyon Creek Ranch

Enjoy a private horseback ride through the beautiful Sonoran Desert, learn to shoot a pistol, throw an axe and become the quickest draw in the West. Join the cowboys at Canyon Creek Ranch and explore the beautiful Southwest. Take advantage of the special rate for Montelucia guests of \$85/person (beer, soda and water included) – transportation can be added for additional cost. Reservations required and must be made at least 24 hours in advance. To sign up please visit our Concierge or phone extension 3200.

## Golf Tee Times

Book preferred tee times at five of the top golf courses in Arizona with whom we offer exclusive golf experiences, seamless billing and discounted town car transportation. Visit our Concierge or phone extension 3200.

## POOL SEATING & CABANA RESERVATIONS:

For all reserved seating and cabana reservations, please phone extension 4180 (or 480.627.4180). Reservations are based on availability; rates subject to change without notice. Cancellations must be received 24-hours in advance to avoid charges.

### Cabanas:

Kasbah - All Ages Pool  
Oasis - Adult Only Pool  
Mon-Thurs: \$100 / Fri-Sun: \$200  
Holidays: \$300

### Pool Service Times:

Pools are open 24 hours  
Food & Beverage: 11:00am-5:00pm  
Amenities offered daily at 1:00pm  
& 3:00pm

Cabana reservation includes seating for 10 in a shaded cabana, two reserved lounge chairs, fruit platter, vegetable platter, bottled water and a dedicated server. Bottle service and extended food menu available upon request.

## RESORT

# activities

### MONTELUCIA SUMMER CONCERT SERIES LIVE IN THE PLAZA

Presented by Smart Water

Get ready to dance to your favorite songs when the Valley's most popular cover bands take the stage and perform live in Cortijo Plaza.

### SANGRIA SUNDAYS AT CRAVE CAFÉ

Montelucia brings the flavors of Spain to Crave Café every Sunday. Relax and unwind with a refreshing glass of Montelucia's signature sangria, available from noon until 7:00pm at Crave Café for \$6.



### STARGAZING WITH RICHARD ALLEN

Arizona's clear, dark sky offers the perfect opportunity for exploring the universe's abundance of glittering stars, planets and nebulae. Join avid astronomer Richard Allen as he unlocks the mysteries of the skies above. Complimentary. (Private stargazing sessions available, price upon request.)

### SUNSET CINEMA IN CORTIJO PLAZA

Spend select Sunday evenings under the stars at Sunset Cinema, a European-inspired film series. You're invited to enjoy al fresco viewings of both classic and contemporary films set in Europe and Morocco, destinations that have inspired the resort's unique design and architecture. Arrive early for dining, wine, chocolate, gelato and more while you gather in the Spanish-inspired Cortijo Plaza. Seating is limited. Complimentary.

### MONTELUCIA TAPAS & ACTIVITIES MIXER

Join our Activities Hostess for a casual mixer in Mbar in which she'll share with you a brief overview and history of Montelucia's many antiquities throughout the property as well as answer any questions you may have about the resort or the surrounding area. A sampling of treats from our Tapas Bar will be provided. Complimentary.

### THE ART OF SEEING PHOTO WORKSHOPS

Join professional photographer and owner of Ancient Light Gallery in Scottsdale, Cheyenne L. Rouse, for a one-hour photographic tour of the Montelucia property. Learn how composition, lighting and technique can help you get that perfect shot. Must bring your own camera and have a basic understanding of how to use it. Advance reservations and prepayment are required. Reservations may be made any day of the week – afternoons are preferable for the best use of light. A minimum of two people and maximum of 10 people must be met. \*\$75 per person. To sign up please visit our Concierge or phone extension 3200.

### PHOTOS TO FINE ART WORKSHOP

Further your experience by booking a private two-hour computer session back at Cheyenne's Scottsdale gallery where you'll learn how to turn your photographs into fine art. Discover the unique digital process used to create gallery-worthy pieces, and how to use the same program to bring out the beauty in your own photos. A laptop and software download is highly recommended to get the most out of the experience, but is not required. Advance reservations and prepayment are required. Not available on Sundays. \*\$175 per person. To sign up please visit our Concierge or phone extension 3200.

\*Combine "Art of Seeing" and "Photos to Fine Art" workshops for a package deal of \$225 per person.

### YAPPY HOUR AT CRAVE CAFÉ

Crave Café presents Yappy Hour, where you and your pup can socialize with fellow pet lovers! Join us on the Crave Café patio for a glass of wine, complimentary wine tastings, and an assortment of cheese and crackers. For your canine companion we offer purified ice water in martini-shaped dog bowls, complimentary Bentley's Biscuits dog treats and an animal communication specialist. Entry to the event is \$10 per person (\$5 benefits a pet charity) and includes a glass of wine.

## RESORT

# activities

### BARISTA BASICS AT CRAVE CAFÉ

Espresso, Cappuccino, Latte. While Italy isn't the birthplace of coffee, it's the place where coffee culture originated from as we know it today. Join our baristas in Crave Café where they use Italy's finest coffee, Lavazza, to demonstrate tips and techniques behind making the perfect cup of java. You'll even learn the rich history and bold legends behind the world's favorite roasted drink. \$12 per person, plus tax. To sign up please visit our Concierge or phone extension 3200.

### COCKTAIL MIXOLOGY AT MBAR

Mix, muddle and shake. Learn the art of cocktail making with one of Mbar's talented bartenders as he teaches you the tricks of this most popular (and tasty) trade. \$26 per person. To sign up please visit our Concierge or phone extension 3200.

### COOKING CLASSES WITH CHEF PETER DeRUVO

Join Prado's award-winning Chef de Cuisine, Peter DeRuvo, as he demonstrates how to prepare a European-inspired multi-course menu. This monthly cooking class series will highlight southern Italian cooking techniques, the Spanish tradition of preparing tapas and many other delicious topics. A wine pairing will complement your courses. \$45 per person. Taxes and gratuity not included. Space is limited. Reservations are required at least 24 hours in advance. To sign up please visit our Concierge or phone extension 3200.



### GELATO HAPPY HOUR

Come visit Crave Café for Gelato Happy Hour and enjoy a scoop of any of our delicious house-made flavors at a special price. Decadent toppings like toasted coconut, dark chocolate and a variety of liqueurs take this favorite Italian treat to the next level.

### GELATO SOCIAL

The ice cream social just got cooler. Join us in Crave Café for the Gelato Social and enjoy a delicious scoop of gelato topped with your favorite gourmet topping. Because no socializing is complete without vino, great wines by the glass will also be available.

### HAPPY HOUR & REVERSE HAPPY HOUR AT MBAR

Enjoy house spirits for only \$6 as well as a special pricing on a delightful selection of tapas.

### JOYA SPA HAPPY HOUR

Join us for Joya Spa Happy Hour and receive one of our 50-minute services at special happy hour rates. Choose between a Signature Facial, Custom Massage or a Tarot Reading. Reservations required. Please phone extension 3020.

### JOYA SALON BLOW OUT BAR

Sip champagne and get gorgeous at Joya Salon's Blow Out Bar. Get ready for a night out on the town with a shampoo/blow out and makeup touch-up, all while enjoying a glass of bubbly. Blow outs start at \$30; combined with makeup touch up starting at \$40. Reservations required. Please phone extension 3020.

### LIVE ENTERTAINMENT

Montelucia offers a variety of live entertainment throughout the property. Please see our activities boards for a current listing of available entertainment.

### MIDDAY MOVIE THEATER AT KIDS CLUB

It's hot outside so cool down in Planet Trekkers, where we'll be playing the best family-friendly movies, from yesterday and today, every afternoon! Enjoy freshly popped movie theater-style popcorn while lounging in one of our plush bean bag chairs.

### MONTELUCIA'S RESORT-WIDE SCAVENGER HUNT

The fun begins in Kids Club where you will pick up your clue sheet and word scramble. Eight clues will guide you around the resort in search of jeweled boxes that will hold individual letters to add to your word bank. After collecting all the letters, use your word bank to unscramble the puzzle. How quickly can you solve the scramble? Complimentary.

# JOYA *yoga*

## **BASIC YOGA**

Basic yoga is ideal for those who are newer to yoga or for those who are looking to take an in-depth look at the foundations of poses. All levels.

## **FLOW YOGA**

Introduces more advanced poses and sequences with optional inversions while enjoying the benefits of a warmer room temperature. This class is for beginner to intermediate levels.

## **GENTLE YOGA**

Perfect for beginners. Focuses on basic poses with attention to alignment, form and breath.

## **RESTORATIVE YOGA**

Restorative yoga combines gentle movements with breathing. This 60-minute class is perfect for beginners as well as people with specific limitations and those recovering from injury. More experienced students who enjoy a slower paced class may also enjoy Gentle Yoga.

## **SUNRISE YOGA & MEDITATION**

In alignment with nature's light source and force at dawn, the class threads opening rays of silence through a breath-centered mindful meditation into soft, heart-focused sun salutations. The class builds into heated flow sequences, a variety of cooling asanas (postures), chakra cleanses and pranayama (science of breath) techniques.

## **VINYASA FLOW YOGA**

Combines gentle and intermediate movements with a meditative focus and intensity of bringing light and heat into your yoga practice. This practice will help relax all of your senses and is a perfect ending to a busy day.

# JOYA *fitness*

## **AB LAB**

This energetic core class is great for all fitness levels. You will be sure to sculpt and tone every angle of your abdominal cage while toning the total body with these unique abdominal exercises. It will add some variety to your own routine as well.

## **SPIN & CORE**

Let's ride to the breathtaking view of Camelback Mountain while enjoying the fresh outdoor air and upbeat music. This unique workout combines a variety of terrains while ending with a killer abdominal exercise segment. Appropriate for all fitness levels.

## **MUSCLE CONDITIONING**

A dynamic muscle and strength-training workout with weights, resistance bands and body bars. This class also combines short bursts of aerobic and anaerobic training in an interval format, with energetic music. All levels.

## **ZUMBA**

The ZUMBA program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program. The goal is simple: ZUMBA fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body energizing, awe-inspiring movements meant to engage and captivate for life! The routine features interval-training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got a ZUMBA class!